



MENU

APPETIZERS

Bang Bang Salmon Nuggets — 16.00

Salmon Nuggets fried to perfection and drizzled with our house made Bang Bang Sauce

Bang Bang Shrimp (8) — 15.00

Jumbo Shrimp fried til golden brown and drizzled with our house made Bang Bang Sauce

Jerk Chicken Egg Rolls — 8.00

Shredded jerk chicken and cabbage Rolled in eggroll wrapper, fried to golden brown & served with our house made Garlic Chili Sauce

Jerk Shrimp Egg Rolls — 9.00

Chopped jerk shrimp & cabbage rolled in eggroll wrapper, fried to golden brown & served with our house made Garlic Chili Sauce

Buffalo Chicken Egg Rolls — 10.00

Shredded chicken breast, buffalo sauce, cheddar jack cheese rolled in egg roll wrapper, fried and served with Buffalo Mayo

Vegetable Spring Rolls — 7.00

Chopped veggies rolled into our special dough and served with our Garlic Chili Sauce

Jerk Chicken Quesadilla — 12.00

Pulled Jerk Chicken sauteed with peppers and onions, with our signature cheese blend

Shrimp Quesadilla — 13.00

Jerk Shrimp sauted with peppers, onions and our signature cheese blend

Southern Fried Wingettes (8) — 12.00

Fried to perfection in our house seasoning blend, drizzled with your choice of our house made sauce: Honey Hot, Honey Jerk, BBQ, Carolina BBQ, Sweet Chili Garlic

Caribbean Street Corn Ribs— 8.00

Corn on the cobb topped with jerked mayo, sprinkled with cheese and smoked paprika

Rasta Fries - 13.00

French fries topped with pulled jerk chicken, rasta sauce, cheese and baked in a cast iron skillet

Fried Chicken Tacos (3) — 13.00

Southern Fried Chicken Breast topped with our house made slaw and buffalo mayo

Fried Shrimp Tacos (3)— 15.00

Southern Fried Shrimp topped with house made slaw and buffalo mayo

Fried Fish Tacos (3) — 16.00

Southern Fried catfish topped with house made slaw and buffalo mayo

Catfish Nuggets — 12.00

Fried to golden perfection and served with our house Tartar Sauce

Whiting Fish Sandwich (4) — 10.00

Whiting fish with wheat bread

Catfish Sandwich (2) — 13.00

Catfish & wheat bread only

Honey Butter Cornbread Skillet — 7.00

Homemade cornbread served in a mini cast iron skillet drizzled with honey butter



DRINKS & COCKTAILS

NON-ALCOHOLIC BEVERAGES

Uptown - 3.50
Lemonade - 3.50
Iced Tea - 3.50
Around Town - 4.00



Bottled Water - 2.50
Can Drinks - 2.25
Snapple - 4.00
Lemonade Spritzers - \$5.50
(Flavors: Strawberry, mango, passion fruit)

BEERS

Corona.....6.00
Guinness.....6.00
Coors Light.....5.00
Budweiser.....6.00
Heineken.....6.00
Modelo.....6.00
Miller Light.....5.00
Red Stripe.....6.00

COCKTAILS

Lemon Drop Martini.....14.00
Ciroc Mango Tango.....13.00
Ciroc Appletini.....14.00
French Kiss Martini.....12.00
Moscow Mule.....12.00
House Margaritas.....13.00
Mojitos.....11.00
Hurricane Rum Punch.....14.00
Hennessy Sidecar.....15.00

Flavors: Strawberry, Mango, Passion Fruit, Coconut

WINES

Sparkling by the Glass
Cavit Prosecco.....10.00
Sparkling Bottle.....50.00
White Wine by the Glass
Moscato.....8.00
Chardonnay.....8.00
Pinot Grigio.....8.00
Red wine by the Glass
Pinot Noir.....8.00
Cabernet.....8.00
Wine by the bottle.....40.00

Gratuity will be added to all checks:
Less than 6 guest = 18%
6 guest or more = 20%

BLENDED FLAVORS RESTAURANT & BAR

628 W ST. GEORGES AVE | LINDEN, NJ 07036 | (908) 290-3149



MENU SIDE 2

All entrees are served with a choice of 2 sides, however there is upcharge for side salad

ENTREES

Smothered Turkey Wings — 23.00

Oven baked Turkey Wings smothered in our house made gravy Served on a bed of rice

Oxtails — 30.00

Braised oxtails smothered in our signature gravy and served on a bed of rice

Jerk Lamb Chops — 32.00

Pan seared Lollipop Lamb Chops marinated in our house made seasoning, topped with your choice of Honey Jerk or Teriyaki Jerk sauce

Jerk Chicken — 17.00

Baked jerked chicken leg quarter served on a bed of rice

Fried Chicken (4 Whole Wings) — 19.00

Southern Fried Chicken fried to golden brown

Veggie Plate — 15.00

Your choice of 3 sides
(double Mac n Cheese +\$3)

SEAFOOD ENTREES

Fried Whiting Fish(4) — 16.00

Whiting Southern Fried to golden perfection

Fried Catfish (3) — 19.00

Catfish Southern Fried to golden perfection

Jumbo Fried Shrimp (10) — 22.00

Crispy Fried Shrimp served with house made tartar sauce

Fried Salmon— 24.00

fried to golden brown and drizzled with our house made teriyaki jerk sauce

Pan Seared Salmon—23.00

Pan seared and drizzled with your choice of Sauce.
Teriyaki Jerk, Sweet Chili garlic, Honey Jerk or BBQ

SIDES


Mac & Cheese.....	6.50
Seasoned Rice.....	5.00
Sweet Plantains.....	5.50
String Beans.....	5.50
Cabbage.....	5.50
Collard Greens.....	6.00
Yams.....	5.50
Potato Salad.....	5.50
French Fries.....	4.00
Side Salad.....	7.50

KIDS MEALS

(4) Party Wings w/Fries.....	9.00
(4) Chicken Tenders w/Fries...	9.00
Catfish Nuggets w/Fries.....	10.00

Substitute fries with any side for additional \$2



 @blendedflavors

 blendedflavors

HOUSE SPECIAL

Chicken & Waffles — 19.00

Southern Fried Chicken Wings served on top of a Belgium Waffle, dusted with powdered sugar and a side of Honey Hot sauce

Rasta Pasta No Meat — 15.00

Penne pasta tossed in our Caribbean signature sauce with peppers and onions

Chicken Rasta - 18.00	Jerk Chicken Rasta - 19.00
Shrimp Rasta - 20.00	Salmon Rasta - 24.00
Lamb Rasta - 35.00	Oxtails Rasta - 32.00

Add Teriyaki Jerk Sauce - 1.00

Seafood Mac N Cheese — 29

Made with Shrimp & lump crab
(Add Lobster Tail \$15.00)

Jerk Chicken Mac N Cheese — 20.00

House made Mac, rasta sauce with Jerk Chicken

Oxtail Mac N Cheese — 28.00

Creamy house made Mac topped with Oxtails & gravy

Jerk Chicken Baked Potato - 19

Baked potato topped with our Rasta sauce, cheese, jerk chicken, and green onion

SMOKED TURKEY LEG MEALS

Rasta Pasta Smoked Turkey Leg - 24.00

Jumbo smoked turkey leg topped with our house made Rasta Pasta (Add Chicken \$4 or Shrimp \$6)

Soul Turkey Leg - 29.00

Jumbo smoked turkey leg drizzled with honey hot & topped with our house made creamy Mac, Collard greens & Yams

DESSERTS

Traditional Banana Pudding - 6.00

Made with pudding, fresh bananas & vanilla wafers

Banana Pudding Churros - 8.00

Pudding drizzle, fresh bananas & vanilla wafers

Chocolate Caramel Churros - 8.00

Made with Cinnamon sugar and dipped in chocolate caramel drizzle

Tres Leches Lemon Pound Cake - 10.00

Warm lemon pound cake, fresh strawberries, tres leches sauce & whipped cream

Please ask your server if there are any specialty desserts today

BLENDed FLAVORS RESTAURANT & BAR

628 W ST. GEORGES AVE | LINDEN, NJ 07036 | (908) 290-3149